

Sixty Minute Man

Choreographed by Dancin' Terry

Description: 32 count, 2 wall, beginner line dance

Music: Sixty Minute Man by The Embers

Special thanks to Beverly Pournelle for the music suggestion!

Start dancin' on the vocals

TOE, HEEL, CROSS, TOE, HEEL, CROSS, TOUCH, KICK

1-2 Right toe touch to left instep, right heel touch to left instep

3-4 Cross right over left, left toe touch to right instep

5-6 Left heel touch to right instep, cross left over right

7-8 Right toe touch to left instep, kick right diagonal

(For more of a challenge try swiveling the opposite foot naturally (Sugar Foot))

BEHIND, SIDE, CROSS, KICK, BEHIND, SIDE, ¼ TURN KICK

1-2 Cross right behind left, step left to left side

3-4 Cross right over left, kick left foot to left diagonal

5-6 Cross left behind right, step right to right side

7-8 Turn ¼ turn right stepping forward left, kick right forward

TOE STRUT, TOE STRUT, STEP ½ PIVOT, SHUFFLE FORWARD

1-2 Touch right toe forward, drop right heel

3-4 Touch left toe forward, drop left heel

5-6 Step right forward, turn ½ left (weight on left)

7&8 Step right forward, step left together, step right forward

ROCK, RECOVER, COASTER, ¼ TURN LEFT, LITTLE JUMP FORWARD AND WIGGLE!

1-2 Rock forward left, recover right

3&4 Step back left, step together right, step forward left

5-6 Step forward right, turn ¼ left

&7-8 Little jump forward and wiggle, wiggle (feel free to make this your own)

Begin again and enjoy!